







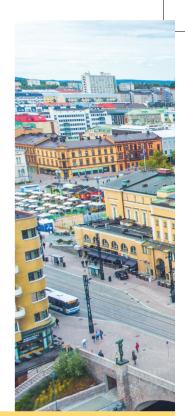




IVV OLYMPIAD 14 – 17 AUGUST 2025

Tampere welcomes you!





IVV OLYMPIAD 2025

The next IVV Olympiad will take place in **Tampere, Finland 14 – 17 August 2025**. In addition to the traditional IVV Olympiad disciplines, walking, cycling and swimming, you are welcome to take part in canoeing and orienteering.

TAMPERE

Tampere is one of the best-kept secrets in Northern Europe. Surrounded by two large lakes that give the city its distinctive air of natural peace, Tampere, pop. 249 000, is a vibrant regional capital with an active cultural life and a versatile event scene. A big city by Finnish standards, Tampere still manages to feel like a small town. In the compact city centre, everything is within a convenient walking distance.

IML VAASAN MARSSI 2025

IVV Olympiad 2025 is preceded by the only Finnish IML march **Vaasan Marssi on 8 – 10 August 2025**. Vaasan Marssi offers a variety of routes in the stunning seaside town of Vaasa.

Vaasa and Tampere regions have a lot to offer as holiday destinations. Extend your stay and exploration in Finland by attending both events. Vaasa is located only a 2-hour train ride from Tampere, guaranteeing hassle-free travel between the destinations.

Tampere and nearby towns offer a wide array of accommodation options. If you are looking for a truly Finnish way to spend your time in Finland, why not rent a lakeside cottage or a forest hideaway.







TAMPERE FACTS

- Located between two large lakes, Näsijärvi and Pyhäjärvi
- The centre of the city is dominated by industrial heritage
- Tampere is famous for its numerous theatres and museums
- Local treats include black sausage with lingonberry jam, hot wings, and the world's best doughnuts
- Tampere is the sauna capital of the world and the home of the world's only Moomin Museum
- Duration of the longest day of the year, June 21st, is 19 h 40 min



TAMPERE.



LAKELAND SCENERIES

The great lakes Näsijärvi and Pyhäjärvi dominate Tampere's cityscape along with the glacial-period ridge formations on the isthmus separating the two lakes.

SAUNA CAPITAL

Tampere, Finland is the sauna capital of the world! While in Tampere, do as the locals do and give sauna a try.





FOOD

The best way to get to know the city is to head to one of the lovely restaurants, idyllic cafés or relaxed pubs and breweries.

Photos: Visit Tampere/Laura Vanzo





